



PATHWAYS
Addictions Resource Centre

Funded by **Summerland Health**
Care Auxiliary

A **NEW** Early Recovery



Topics for March: **Existential Questions and PTSD**

- Begin to identify and understand the meaning of your life.
- Understand the impacts of trauma.

Where: Pathways Addictions Resource Centre

When: Fridays

Time: 1:30pm to 3:00pm