



PATHWAYS

Funded by Addictions Resource Centre



Life Over the Influence

A FREE 6-week group for adults who have been negatively impacted by another person's problematic use of substances.

Increase your understanding of problematic substance use, enhance your wellbeing, and decrease your isolation tendencies.

Where: Pathways Addictions Resource Centre

When: Jan. 16, 23, 30, and Feb. 6, 13, 20

Time: 5:30pm to 7:30pm

A SCREENING INTERVIEW is required. Please call 250-492-0400 ext. 207 to schedule.

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